NICOLE M. COLÓN-BOSQUES

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EDUCATION

Doctor of Philosophy in Clinical Psychology

August 2022-Present

Mississippi State University (MSU)

Expected Graduation: 2027

Major Advisor: Kevin J. Armstrong, Ph.D.

Bachelor of Arts in Psychology

August 2018-May 2022

University of Puerto Rico, Mayagüez Campus (UPRM)

Graduated Summa Cum Laude

Cumulative GPA: 4.0 | Major GPA: 4.0

Honors Thesis: Relationship between academic burnout and difficulties in technology-assisted education in undergraduate students of the Psychology Department of the University of Puerto Rico, Mayaguez Campus during the COVID-19 pandemic.

Advisor: Janet Bonilla Mujica, Ph.D.

RESEARCH EXPERIENCE

Doctoral Student and Graduate Research Assistant

August 2022-Present

Externalizing Disorders Lab

Mississippi State University, Clinical Psychology Doctoral Program

Advisor: Kevin J. Armstrong, Ph.D.

Thesis in preparation: The Impact of Depression on Executive Functioning and Impairment in

College Students with ADHD

Undergraduate Research Assistant

January 2022- May 2022

Puerto Rico Seismic Network

Last updated: 9/2022

University of Puerto Rico, Mayagüez Campus, Department of Social Sciences

Advisor: Edwin Asencio Pagán, Ph.D.

Research Project: Effectiveness of the services the TsunamiReady Program offers: public perception in coastal communities vulnerable to the event of a Tsunami

- Administered a quantitative self-report questionnaire to residents in the municipalities of Rincón, Añasco, and Aguada regarding their perception of the effectiveness of the Tsunami Ready Program services
- Assisted in data analysis for a study examining the effectiveness of the services of the Tsunami Ready Program using Excel
- Collaborated with the research team to create the final report and presentation

Undergraduate Research Assistant

March 2021- December 2021

Sea Grant College Program

University of Puerto Rico, Mayagüez Campus, Department of Social Sciences

Advisor: Edwin Asencio Pagán, Ph.D.

Research Project: Coping Mechanisms and Resilience in Residents of Coastal Communities of Southwestern Puerto Rico to the COVID-19 Pandemic

- Assisted in data collection for a mixed methodology study examining the relationship between the use of coping mechanisms and the level of resilience in residents, and their experience during the COVID-19 pandemic
- Administered two quantitative self-report questionnaires and conducted qualitative interviews with several residents regarding their coping mechanisms and resilience to the pandemic in the community of "La Playa" in Guayanilla, Puerto Rico
- Conducted qualitative interviews in the community of "El Faro" in Guayanilla, Puerto Rico, and provided transcription for further analysis

Undergraduate Research Assistant

June 2021- July 2021

Research Intensive Summer Experience (RISE)

Rutgers University, Department of Psychology

Advisor: David Barker, Ph.D.

Research Project: Brain Signals in the Hypothalamus During Cocaine Addiction

- Assisted in data analysis for a study examining how lateral preoptic brain connections in the lateral habenula contribute to cocaine conditioned place preference and conditioned place aversion
- Conducted literature review, developed hypothesis, and analyzed data using MATLAB and
- Met with the mentor every week to discuss project progress and identify next steps
- Completed the scientific poster and presented the results at the program Symposium
- Attended program workshops on developing research questions, research proposals, and grant writing

Undergraduate Research Assistant

October 2020-May 2021

Students for Exploration and Development of Space Leadership Academy (SEDS-UPRM) University of Puerto Rico, Mayagüez Campus, Department of Physics

Advisor: Adriana Colom Cruz, Ph.D.

Research Project: Habitability and Sensory Stimulation for Long-Duration Missions

- Assisted in developing methodologies and solutions for a study examining the relationship between sensory stimulation and performance in astronauts
- Conducted literature review and formulated solutions to increase sensorimotor performance and fine motor skills in astronauts
- Developed solutions to mitigate the effects of the psychological and behavioral problems that may arise in astronauts during an extended space mission
- Collaborated with the research team to create the final proposal and presentation

Undergraduate Research Assistant

August 2020-May 2021

Independent Study Course

University of Puerto Rico, Mayagüez Campus, Department of Psychology

Advisor: Ana Nieves Rosa, Ph.D.

Research Project: Evolution of Games in Puerto Rico through the Generations

- Explored the relationship between age generations and their game preferences for a study
- Conducted literature review and assisted in the IRB process
- Generated the electronic questionnaire in Google Forms
- Collected and analyzed the data in quantitative and qualitative methods in Excel
- Collaborated with the research team to create the scientific poster and the final report

TEACHING EXPERIENCE

Graduate Teaching Assistant

August 2022-Present

Developmental Psychology, General Psychology, Careers in Psychology Mississippi State University, Clinical Psychology Doctoral Program Supervisor: Rebecca P. Armstrong, M.S.

- Graded Developmental Psychology Summary Sheets
- Entered grades in Canvas
- Served as a proctor for the administration of the exams

CLINICAL EXPERIENCE

Mississippi State University Psychology Clinic

August 2022-Present

Practicum Student

Mississippi State University, Clinical Psychology Doctoral Program

Supervisor: Emily S.H. Stafford, Ph.D.

Conducted phone-duty work at the MSU Psychology Clinic (e.g., screening, case management)

Practicum in Psychology Course

August 2021-December 2021

Clinical Undergraduate Student Assistant

University of Puerto Rico, Mayagüez Campus, Department of Psychology

Supervisor: Norma García Trabal, Psy.D.

- Practiced how to administer an initial clinical interview to a patient on a role-play basis
- Administered a workshop on how to manage stress and anxiety to undergraduate students

ACADEMIC PRESENTATIONS

Colón, N., Nieves, A., Ramos, I., Reyes, J., Rosario, K., (2021, November). La transformación de los espacios del juego y su vínculo con el desarrollo de destrezas. Presented at the 68th Annual Convention of the Puerto Rico Psychological Association (APPR), virtual.

- Colón, N., (2021, July). Brain Signals in the Hypothalamus During Cocaine Addiction. Presented at the RISE Symposium of Rutgers University, virtual.
- Colón, N., Cortés, W., González, P., Pérez, T., Ramos, A., Ramos, I., Reyes, J., Ríos, A., Rosario, K., Torres, S., Vargas, J. (2021, April). La evolución del juego a través de las generaciones. Presented at the XXVI Symposium on Research in the Social Sciences: Mayagüez, PR.
- Colón, N., Cortés, W., González, P., Pérez, T., Ramos, A., Ramos, I., Reyes, J., Ríos, A., Rosario, K., (2021, March). La evolución del juego a través de las generaciones. Presented at the Research Fair of the University of Puerto Rico, Mayagüez Campus.
- Colón N., Hernández, A., Martínez, V., Mateo, L., Montañez, J., Ramos, A., Ramos, I., Sánchez, V., Troche, C., Vale, C. (2021, March). Habitability and Sensory Stimulation for Long-Duration Missions. Presented at the Research Fair of the University of Puerto Rico, Mayagüez Campus.

LEADERSHIP EXPERIENCE

2021-2022 **Vice-President**

Organization for Development in Neuroscience (ODN)

University of Puerto Rico, Mayagüez Campus

- Identified neuroscience professional resources to educate the members
- Assisted in the organization and writing of physical and digital official documents

2020-2021 Secretary

Organization for Development in Neuroscience (ODN)

University of Puerto Rico, Mayagüez Campus

- Generated the association's official documents using Microsoft Office
- Informed all members of planned activities by weekly emails

Event Coordinator 2019-2020

Organization for Development in Neuroscience (ODN)

University of Puerto Rico, Mayagüez Campus

- Coordinated educational neuroscience lectures and workshops for members
- Co-Organized the West Puerto Rico Neuroscience Symposium (WPRNS)

COMMUNITY SERVICE

October 2021 Volunteer

Mentor

University of Puerto Rico, Mayagüez Campus

• Administered a workshop to undergraduate students from different academic disciplines on how to apply to internships in the United States

Volunteer 2020-2022

"Come Colegial" Non-Profit Student Organization-Volunteer University of Puerto Rico, Mayagüez Campus

- Volunteered to deliver lunches to low-income students on a biweekly basis
- Distributed non-perishable food bags, clothes, and water to low-income students

Volunteer 2019-2020

Student Adviser

University of Puerto Rico, Mayagüez Campus, Department of Counseling and Psychological Services

- Oriented first-year students on university's regulations and assistance programs
- Provided a time management skills presentation to students of the Psychology, Social Sciences, and Nursing departments

PROFESSIONAL AFFILIATIONS

American Psychological Association (APA)

Association for Behavioral and Cognitive Therapy (ABCT)

Society for Clinical Neuropsychology, Division 40 of the American Psychological Association

CERTIFICATIONS

Human Research- Human Subjects Researchers

(Exp. Date August 17, 2027)

Mississippi State University CITI Program

Social and Behavioral Responsible Conduct of Research

(Exp. Date N/A)

University of Puerto Rico, Mayagüez Campus CITI Program

Social and Behavioral Research-Basic/Refresher

(Exp. Date October 24, 2023)

University of Puerto Rico, Mayagüez Campus CITI Program

Fundamentals of Neuroscience, Part 1: The Electrical Properties of the Neuron (June, 2020) Harvard University

HONORS AND AWARDS

Luis Stefani Raffucci Award

2022

This distinction is awarded to students who complete their bachelor's degree with a 4.00 GPA, never earned a grade of F, and had only one or no course drop during their career

Faculty of Arts and Sciences Award

2022

This distinction is awarded to students with exceptional academic performance during their career

Hilda Baco Pagán Award

Selected as the best Psychology student in the class of 2022

RISE Scholar 2021

Selected as a member of the 2021 cohort of scholars for the Research-Intensive Summer Experience (RISE) at Rutgers University in the Department of Psychology

NASA New Jersey Space Grant Consortium

2021

2022

Awarded a grant as a RISE Scholar to support the completion of my summer research project

Faculty of Arts and Sciences Dean's List

2018-2019, 2020-2021, 2021-2022

Honor Roll Scholarship

2018-2022

This distinction is awarded to students who have earned a GPA of 3.50 or higher and are among the top 4% of students who commenced their studies in the same year

LANGUAGES

Spanish: Native Language

English: Advanced Listener, Advanced Speaker, Advanced Reading, and Writing

American Sign Language (ASL): Basic knowledge

COMPUTER SKILLS

- Microsoft Office Suite
- **RStudio**
- **PSPP**
- Qualtrics