

ALEXIS JACKSON, M.S., B.S.

Curriculum Vitae

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Starkville, MS 39759

EDUCATION

| | |
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| Mississippi State University | In Progress |
| Ph.D. – School of Human Science - Human Development and Family Science | |
| Mississippi State University Starkville, MS | August 2021 |
| Masters of Science Clinical Mental Health | |
| Ph.D. Counselor Education – Previous | |
| SREB Institutional *Fellowship | |
| Washington State University Pullman, WA | December 2018 |
| Bachelor of Science in Psychology | |
| Minor in Comparative Ethnic Studies | |
| McNair Scholar | |
| Divine CAN Federal Way, WA | June 2016 |
| Certified Nursing Assistant | |
| Spanaway Lake High School Spanaway, WA | May 2013 |
| High School Diploma | |

WORK & INTERNSHIP EXPERIENCE

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|---|-------------------------------|
| Graduate Service Assistant | August 2019-Present |
| <i>Mississippi State University Office of the Graduate School Starkville, MS</i> | |
| <ul style="list-style-type: none"> • Assist staff in the business unit, enter tuition remission and maintain assistantship records • Complete business paperwork • Utilize computer-based resources to enter and adjustment semi-monthly student stipends • Assist graduate school staff with completing clerical tasks • Operate the front desk | |
| Counseling Intern at the Baptist Behavioral Health Hospital Unit | August 2020-April 2021 |
| <i>Baptist Memorial Hospital Columbus, MS</i> | |
| <ul style="list-style-type: none"> • Conduct Biopsychosocial assessments to gain a better understanding of patients' insight, ideations, mood, affects, orientation, hallucinations, delusions, family history of mental illness, addictions, treatment history, and substance abuse. • Conduct Group Counseling Session • Conduct Individual Counseling Session • Conduct Family Counseling Sessions • Facilitate Referrals and Consultations | |

- Participate in staffing with a psychiatric care team, which encompasses psychiatrists, nurses, counselors, and social works as a means to develop treatment plans and monitor the impacts of medications on patients.

Daycare Provider

December 2018-July 2019

Unity Children's University Tacoma, WA

- Oversee, educate and provide for children age six weeks to thirteen years old. Provide adequate childcare for families in need.
- Facilitate daily care – Daily implementation of Early Achievers advanced education.

Telephone Interviewer

November 2018-December 2018

Social and Economic Research Center Pullman, WA

- Assist local and national organizations with collecting data and administering surveys throughout the greater Pullman area.

Half-way House Facility Monitor/ Human Resource Rep.

June 2015-August 2018

Progress House Association Tacoma, WA

- Aided former prison inmates with being integrated back into the greater community.

Certified Nursing Assistant

June 2016

Divine CAN Federal Way, WA

- Oversaw the well-being of nursing home residents
- Take vitals
- Helped with bathing, grooming, and feeding residents

Teaching Experience

Teaching Assistant

August 2018-December 2018

Washington State University Pullman, WA

- Assisted Dr. David Leonard, of WSU's School of Language's, Cultures and Race, in operating the Fall 2018 "Black Freedom Struggles" course.
- Helped with lectures and evaluated classroom atmosphere.
- Constructed questions that challenged students to think critically about course readings.
- Aided in designing lecture plans and classroom activities.

SERVICE AND LEADERSHIP

Atlanta Food Bank Volunteer

March 2022

Atlanta, GA

- Work to provide meals complete with food and beverages for families in the greater Atlanta Area.

Agape Youth and Family Service

March 2022

Atlanta, GA

- Connect with Atlanta youth and families and provide education and interventions to assist in empowering said youth and families.

HDFS & J.L. King Center Connecting Communities Carnival**March 2022***Starkville, MS**Worked with staff members of the J.L. King Center to provide approximately 40 youth and several parents with resources for better mental, physical, social and emotional life experiences.*

- Provided the youth with several stations specifically designed to improve their mental and physical well-being
- Provided parents with informative booths and resources sponsored by organizations including organizations designated for health, relationships, and parenting.
- Provided light refreshments to the youth

Counselors for Social Justice**August 2019-April 2021***Mississippi State University Starkville, MS**Worked to improve the mental health and life experiences of persons existing in the Starkville, MS area and beyond under the faculty mentorship of Dr. Joan Looby*

- Founding executive board member of the Mississippi State University Counselors for Social Justice Chapter. Our chapter is apart of the larger American Counseling Association Counselors for Social Justice organization.
- Hosted the Counselors for Social Justice Symposium in order to bring together counselors and helping professionals from across the nation, through a virtual, informative, and interactive two day conference. The symposium was attended by renown counselors, helping professionals, and community members alike, reaching over 200 participants.
- Worked with victims of the Mississippi Ice Raids to provide better life experiences following the 2019 Ice Raids which occurred in Morton, MS and which apprehended 680 Latinx persons, believed to be illegally documented immigrant workers. Our organization worked directly with the families of the raids, whom had been impacted by separation and a lack of safety.
- Raised hygiene products for local community.

McNair Scholar**April 2017-Present***Washington State University Pullman, WA**Ronald E. McNair Post-Baccalaureate Achievement Scholar operating under faculty mentorship of Dr. David Leonard.*

- Presented to collegiate communities, highlighting the importance of investigating and conducting research.
- Participated in graduate education preparation activities and services to include faculty-mentored research experiences and coursework focused on the culture of graduate education, academic and career counseling.
- WSU's McNair Program is recognized as the university vanguard in preparing undergraduates for graduate education.

Washington State Facilitator**February 2018- December 2018***Delta Sigma Theta Sorority, Inc. (DST) Farwest Region – WA**Representative of all Washington based collegiate DST chapters.*

- Assisted with regional communication and submission of forms
- Aided in facilitating the 2019 Farwest Region Collegiate Retreat – Phoenix, AZ
- Facilitated social action initiative to increase voter registration among college students

Sexual Assault and Domestic Violence Hotline Operator**September 2018- December 2018***Alternatives to Violence and Prevention of the Palouse Pullman, WA Moscow, ID*

- Provided 24-hour emergency and supportive services to family and sexual violence victims, survivors and their children.
- Services were available for concerned, supportive family members, friends and community members.

Xi Psi Chapter Financial Secretary

July 2018- December 2018

Delta Sigma Theta Sorority, Inc. Washington State University Pullman, WA

- Supervised all financial transactions.
- Responsible for the second signature on checks made payable to the President or Treasurer.
- Oversaw all reimbursement checks where checks are requested by voucher. Vouchers were available only through the Treasurer and Financial Secretary.

Xi Psi Chapter Chaplain

July 2018- December 2018

Delta Sigma Theta Sorority, Inc., Washington State University Pullman, WA

- Provided motivational/ Biblical scriptures for the chapter
- Directed prayer/ spirituality-based discussions
- In charge of providing co-counseling within the chapter

Martin Luther King Jr. Committee Member

November 2017-May 2018

Washington State University Pullman, WA

- Successfully brought activist Shaun King to campus and held several meet and greets, discussions, and ultimately hosted the WSU MLK Community Celebration.
- Enhanced my ability to communicate with compassion and understanding through committee work, in which the committee was made up of faculty members and scholars.

Presidential Debate Moderator

April 2018

Associated Students of Washington State University Pullman, WA

- Oversaw 2018 Student Government Presidential debate, in which candidates took turn answering a series of questions and providing responses related to issues and successes impacting the greater Pullman area.
- Served as a neutral debate participant
- Ensured that candidates abided by rules and time limitations

Visionaries Inspiring Black Empowered Students Conference Co-Chair **March 2017- April 2018**

Black Student Union Washington State University Pullman, WA

- The VIBES Conference was launched in 1993 as a means for high school students from across Washington State to come to WSU for one weekend, where they are met with the scholarship support and mentorship.
- Responsible for recruiting 180 high school students who identify as underrepresented for a weekend colligate conference.
- Facilitated executive duties, which further solidified my desire to work with and serve underrepresented students, in hopes that attendees become scholars and researchers in the future.

Xi Psi Chapter President

April 2017- June 2018

Delta Sigma Theta Sorority, Inc Washington State University Pullman, WA

- Primary delegate for National Conventions and Regional Conferences

- Overseer of all executive and general chapter operations, including compliance
- Conduct weekly executive board meetings August until May.
- Primary point of contact for chapter operations

WSU's Young Women's Christian Association Member **August 2015- December 2018**
Washington State University Pullman, WA

- YWCA hosted the annual Take Back the Night Sexual Assault Awareness night.

Black Student Union Historian **August 2016- May 2017**
Washington State University Pullman, WA

- Awarded the Distinguished Service Award
- Video making/ editing
- Event planning
- Created an annual Black Lives Summit, which is held during the first week of school in August for freshman and transfer students. Students introduced to resources and academic success tools through summit support.
- Raised money on campus for Breast Cancer Awareness, held two community dances, and hosted a minimum of two community meetings each month.

Women's Resource Center Desk Assistant **September 2016-May 2017**
Washington State University Pullman, WA

- As a weekly volunteer at the Women's Resource Center, I was responsible for running the operations desk.
- Responsible for providing feminine hygiene and safe sex products to all guests of the center.
- Responsible for allowing access to mother's and father's interested in entering Rosario's Place. Rosario's is a safe storage unit, that houses diapers, wipes, feminine hygiene products and food.

RESEARCH EXPERIENCE

Publication Writings & Presentations

Dermer, S., Abdullah, J., & Jackson, A. (2023, July). *Social Justice as Fifth Force in Counseling*. SAGE

Reference Project. The SAGE Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy. (Accepted, Pending publication).

Dermer, S., Abdullah, J., & Jackson, A. (2023, July). *Sexual Violence and Diversity*. SAGE

Reference Project. The SAGE Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy. (Accepted, Pending publication).

Jackson, A. (2022, May). *Deltas Go Green Over Tea & Talk*. Guest speaker presentation. Mental health

forum complete with mental health professionals and community members, discussing the impacts of mental health issues across the lifespan.

Jackson, A. (2022, April). *Black and African American Experiences with Mental Health*. Virtual presentation presented at Mississippi State University's Research Week

Jackson, A. (2022, February). A Discussion on African American Mental Health - Guest Speaker Presentation. Presented at Mississippi State University's Society of African American Studies Meeting

Jackson, A. (2022, February). *Experiences of Mental Health in the Black Community*. Guest lecture presented in an African American Studies Course at Mississippi State University

Jackson, A. (2021, November). *The Importance of Psychological Education*. Virtual presentation presented for the Phenomenal She mentorship organization, based in Seattle, WA.

Jackson, A. (2021, November). Virtual guest speaker for the Washington State University McNair Scholar Undergraduate Course

Jackson, A. (2021, October). *Welcome to Graduate School*. McNair Scholar Preview Day Guest Speaker

Jackson, A. (2021, February). Virtual guest speaker for the Washington State University McNair Scholar Undergraduate Course

Jackson, A., Holmes, C., Looby, J., Blakely, K., (2021). *Therapeutic Interventions with Families of Breast Cancer Survivors*. Journal of Feminist Family Therapy.

<https://doi.org/10.1080/08952833.2021.1872268>

Holmes, C., Looby, J., Jackson, A., & Blakely, K. (2020). *Breast Cancer and Body Image: Feminist Therapy Principles and Interventions*. Journal of Feminist Family Therapy.

<https://doi.org/10.1080/08952833.2021.1872266>

Blakey, K., Long-Holmes, C., Merideth, K., Donald, Nozik, S., & Jackson, A. (2020). *Invisible Borders: School Counselors and Mixed-Status Children*. IGI Global

Long-Holmes, C., Blakey, K., Merideth, K., Donald, L., Jackson, A., Grey, K., Chapman, C., & Nozik,

S. (2020). *Youth in Foster Care: Creating Avenues For Success*. IGI Global

Jackson, A.M., Donald, L., & Looby E.J. (2020, February). *Using wilderness therapy and trauma-focused cognitive-behavioral therapy with adolescent trauma survivors*.

Oral presentation presented at the Association for Specialists in Group Work Conference, Dorado, Puerto Rico.

Jackson, A.M., Donald, L., & Looby, E.J. (2020, February). *Utilizing Trauma-Focused Cognitive Behavioral Therapy in a group format with Latin X populations*. Poster presentation presented at the Association for Specialists in Group Work Conference, Dorado, Puerto Rico.

Looby, J., Donald, L., Jackson, A. (2019, November). *Utilizing Art Therapy in School Age Populations who have experienced Trauma*. Oral Presentation presented at the 2019 Mississippi Counseling Association Research Conference Biloxi, MS

Jackson, A. (2019, October). McNair Scholars Preview Day Guest Speaker

Jackson, A. (2018, August). *The Impact of Postpartum Support Groups for Mothers Who Have Recently Given Birth*. Poster presentation presented at the 2018 University of North Carolina Research Symposium Charlotte, NC.

Jackson, A. (2018, May). *Incomprehensible Black Survivors: Rape, Rape Culture, and the Struggle for Visibility*. Oral Presentation presented at the 2018 University of Washington Northwest Research Conference, Seattle, WA.

Jackson, A. (2018, April). *Incomprehensible Black Survivors: Rape, Rape Culture, and the Struggle for Visibility*. Poster Presentation presented at the WSU SURCA Research Exposition, Pullman, WA.

Jackson, A. (2018, March). *Incomprehensible Black Survivors: Rape, Rape Culture, and the Struggle for Visibility*. Oral Presentation presented at the University of Maryland McNair Scholars Conference, College Park, MD.

Jackson, A. (2018, February). *The Importance of Black Astronauts*. Oral Presentation at Washington State University, Pullman, WA.

Jackson, A. (2018, February). *The significance of the Ronald E. McNair Post Baccalaureate Achievement Program*. Oral Presentation at Washington State University, Pullman, WA.

Jackson, A. (2017, May). *The Effects That Alcohol and Cannabis Have On Sleep And The Vividness Of Dreams*. Oral presentation presented at Washington State University, Pullman, WA.

Research Team / Training

Southern Region Educational Board Institute on Teaching and Mentoring

Virtual Conference – Originally scheduled for FL

- Learned about strengthening skills necessary for faculty appointment
- Attended presentations on the importance of scholarship and research
- Met with perspective university faculty and staff regarding faculty appointments post-doctoral completion.
- Networked and career planned with like-minded scholars and professionals.

CERT Research Team

August 2019-August 2020

Mississippi State University Starkville, MS

- Attend team research meetings to formulate research ideas related to counseling, therapeutic interventions, and social justice.
- Assist in faculty-led research to produce manuscripts, book chapters and encyclopedia entries for publication.
- Travel to present oral and poster presentations.

Research Assistant

May 2018

University of North Carolina Charlotte, NC

Summer Program to Increase Diversity in Undergraduate Research (SPIDUR) Research Assistant.

- Assistant of clinical research – Department of Psychological Science’s Child and Family Development Lab, led by faculty mentor Dr. Laura Armstrong
- Investigated the impacts of children’s emotions and cognition
- Researched articles for Dr. Armstrong which were used to create additional writing centered on emotions and cognitions in youth populations.

Research Assistant

May 2018

University of North Carolina Charlotte, NC

Summer Program to Increase Diversity in Undergraduate Research (SPIDUR) Research Assistant.

- Assistant of clinical research – Department of Psychological Science’s Mindfulness, Body Acceptance, Culture and Health Research Lab, led by faculty mentor Dr. Jennifer Webb

- Transcribed data, assisted in facilitating focus groups, investigated the impacts of pregnancy and postpartum experience.

Faculty-led Research

August 2018- December 2018

Washington State University Pullman, WA

- Assist Dr. David Leonard, of WSU's School of Language's, Cultures and Race, in operating The Fall 2018 "Black Freedom Struggles" course.

HONORS AND AWARDS

Graduate Service Assistant of the Year

April 2022

Mississippi State University Starkville, MS

Presented by The MSU Graduate School and Graduate Student Association

Southern Regional Education Board (SREB) Institutional Fellowship

August 2020

SREB and Mississippi State University Starkville, MS

Presented by The Office of the Provost and Executive Vice President, The Office of Institutional Diversity and Inclusion, and The Office of the Graduate School

3 Minute Thesis Competition Finalist Award

November 2019

3MT Mississippi State University Starkville, MS

Presented by Dr. Brien Henry Office of the Graduate School

Graduate Student Recruitment Fellowship

August 2019

Mississippi State University Graduate School Starkville, MS

Presented by Mississippi State University Office of the President

Mississippi State University McNair Scholars Fellowship

August 2019

Mississippi State University Graduate School Starkville, MS

Presented by Mississippi State University Office of the President

Outstanding Greek of the Year

November 2018

Arete Awards Washington State University

Presented by the Center of Fraternity and Sorority Life

Mental and Physical Health Award

July 2018

Farwest Regional Conference Pasadena, CA

Mental and Physical Health Award – Xi Psi Chapter of Delta Sigma Theta Sorority, Inc.

Visionary Award

July 2018

Farwest Regional Conference Pasadena, CA

Farwest Regional Conference Visionary Award – Xi Psi Chapter of Delta Sigma Theta Sorority, Inc.

Research Assistant

May 2018

University of North Carolina Charlotte, NC

Summer Research Program to Increase Diversity in Undergraduate Research (SPIDUR)

Oral Presentation Certificate

March 2018

University of Maryland College Park, MD

University of Maryland Research Conference Participant – Oral Presentation Certificate

- Come as You Are Scholarship** **February 2018**
Washington State University Pullman, WA
 Presented by Alpha Nu Multicultural Sorority, Inc.
- Outstanding Senior of the Year Nominee** **February 2018**
Washington State University Pullman, WA
 Washington State University Outstanding Senior of the year. Nominated by Chioma Heim, primary advisor for WSU's Undergraduate Psychology Department
- Presidential LEAD Award Nominee** **February 2018**
Washington State University Pullman, WA
 Washington State University Presidential LEAD Award Nominee - Service and leadership on and off of campus.
- Distinguished Service Award** **January 2018**
Washington State University Pullman, WA
 Distinguished Service Award presented to Black Student Union Cabinet
- McNair Scholar** **April 2017-Present**
Washington State University Pullman, WA
 Ronald E. McNair Post-Baccalaureate Achievement Scholar operating under faculty mentorship of Dr. David Leonard.
- ASWSU True Cougar Scholarship** **August 2015**
Washington State University Pullman, WA
 Associated Students of Washington State University True Cougar Scholarship recipient
- Institutional Scholarship Recipient** **August 2013**
Washington State University Pullman, WA
 Institutional Research scholarship recipient. A scholarship geared towards STEM majors interested in pursuing M.A.'s or Ph.D.'s.
- Veterans Affairs Fee Waiver Scholarship** **August 2013- December 2018**
Washington State University Pullman, WA
 Academic-based, full-ride scholarship that covers tuition and associated fees.
- Veterans Affairs Stipend** **August 2013-December 2018**
Washington State University Pullman, WA
 Academic-based monthly stipend to support living expenses and educational endeavors.

CLINICAL AND SCHOLARLY INTERESTS

Intersections of race and gender and its relation to human development in different populations with regards to mental health within communities of color, as well as understanding the benefits of counseling, therapy, diagnosis and assessment for adults and adolescents.

LAST UPDATED: 3/24/2022